



## Fall Fruits and Vegetables

Check out this article on the great fall fruits and vegetables from our friends at [About.com](http://About.com). Look for these fall fruits and vegetables at farmers markets and in produce departments for the best flavor (and greatest value) in season. Specific crops and harvest dates of fall produce will depend, of course, on your region's climate. See these [regional seasonality guides](#) and [state-specific seasonality guides](#) for more details.

**Apples** are one of those fruits people have forgotten have a season. But they do, and in the Northern Hemisphere they're harvested late summer through fall.

**Artichokes** produce a second, smaller crop in the fall (the first go-around is in the [spring](#)) that tends to produce small to medium artichokes.

**Arugula** is a cool weather peppery green harvested at different times in different places (winter in warm climates, summer in cool ones) but grows in many places during autumn.

**Beets** are in season in temperate climates fall through spring, and available from storage most of the year everywhere else. Fresh [beets](#) are often sold with their greens still attached.

**Belgian Endive** are mostly "forced" to grow in artificial conditions. Their traditional season (when grown in fields and covered with sand to keep out the light), like that of all chicories, is late fall and winter.

Link to the rest of the article by [clicking here](#).



### November Schedule

Keith Tracy	3
Keith Tracy	10
Keith Tracy	17
Last Market	24



[Follow us on Twitter](#)



[Visit the website](#)

## Haunt at Sandhill

Join us Friday and Saturday evening October 30-31 for the Haunt at Sandhill. Our 6 acre maze is home to both an adult and child themed puzzle for you to solve. A chilling collection of startles and scares Haunted Trail, you can enjoy a hayride and perhaps participate in the stars. The gates open at 7PM admitted around 10PM. Funds support the Sandhill REC with a Drama Department of Westwood the Haunt. Admission is \$10 for ages 12 and up, \$5 for ages 3 through 11 and under 3 are free.



Last Weekend

The Haunt is open tonight, October 30th

## Market Flash

Stan Perry  
Clemson Sandhill REC  
900 Clemson Road  
PO Box 23205  
Columbia, SC 29224

Phone: 803.699-3187  
Email: [shrec@clemson.edu](mailto:shrec@clemson.edu)

[Visit us on the web](#)

["Like Us" on Facebook](#)

[Subscribe to the Market  
Newsletter](#)

[Email Market Manager](#)

## Help Make Our Market Better

During the off season we will devote time to examining the past year and what we might be able to do differently in 2016. Our goal remains to provide a safe, successful and enjoyable environment for our visitors and vendors alike. If you have any suggestions as to special events, vendors you would like to see added, operating procedures, parking or anything that is on your mind, let us know.

I can tell you that the request to make the market non smoking has come up several times and Clemson is going tobacco free on all of its properties starting in 2016. Send your thoughts to Stan by clicking the email market manager hyperlink on the left. Thank you for your support.

## Support Your Local Farmers Markets

While we hope to see you every Tuesday afternoon during the season there are other Farmers Markets in the area which need your support.

You will find many of our vendors at these fine markets as well.

Wednesday: [Blythewood Market](#)

Thursday: [Lake Carolina](#)

Saturday: [Kershaw Market](#)

Saturday: [Soda City Market](#)

## October 27th Market Photos



***The Sandhill Farmers Market... where fun, food, and community come together.***



## Home and Garden Tips

### Holiday Decorating With Fresh Greenery

The Home and Garden Information Center at Clemson University has a number of helpful ideas to decorate your home for the upcoming season. What follows is just a snippet of that information. [Click here to read the entire article.](#)

Decorating the house with fresh greenery is one of the oldest winter holiday traditions. Evergreens have been a part of winter festivals since ancient times. Evergreens are used to represent everlasting life and hope for the return of spring.

Southerners have been decorating with greenery since colonial days, although the custom was not common in the Northern United States until the 1800s. Churches were decorated elaborately with garlands of holly, ivy, mountain laurel and mistletoe hung from the roof, the walls, the pews, pulpit and sometimes the altar. Lavender, rose petals and herbs such as rosemary and bay were scattered for scent. Homes were decorated in a simpler fashion with greenery and boughs in the window frames and holly sprigs stuck to the glass with wax.

Today, decorating for the holidays with fresh greenery is more prevalent than ever. Greenery such as cedar, ivy, pine and holly add a fresh look and natural scent to our homes.



**CLEMSON**  
COOPERATIVE EXTENSION



**CLEMSON**  
UNIVERSITY



## Turkey Time

From our good friends at Garden and Gun comes this unique offering, the Delta Pillowcase Turkey. Guaranteed to put an end to that embarrassing dilemma of a dry bird at your celebratory table, this might qualify under the seeing is believing category.

[Garden and Gun](#) is a vibrant Southern magazine with offices in Charleston, SC. We appreciate their willingness in allowing our simple newsletter

to tout and share a sampling of their articles. To read the article and access the recipe, [click here.](#)



*See how many of these ingredients you can find at the Sandhill Farmers Market!*

***Our Market Supporters: [AgSouth Farm Credit](#), [Columbia NE Kiwanis](#), [Spring Valley Rotary Club](#),***

## Listing of 2015 Farmers Market Vendors

The Sandhill Farmers Market is fortunate to have the participation of so many quality vendors. Their selections run the gamut from fresh produce, fruits, seafood, wood crafts, fabric crafts, baked good, plants, shrubbery, natural personal care products, prepared foods and more. Some vendors are with us for the entire 30 week season, some for half of the season and others on a week to week basis. Following you will find a listing of the hard working entrepreneurs waiting to greet you. All of those in ***bold italics*** have links built in. Please note that not all vendors are able to participate in every market.

Name
<b><i><u>Asya's Organic Farms</u></i></b>
Isom's Delights
<b><i><u>The Peanut Man</u></i></b>
<b><i><u>The Crescent Olive</u></i></b>
<b><i><u>Mercer House Estate Winery</u></i></b>
Junior Chefs
AAA Greenthumb
Martin Farms Produce
<b><i><u>Erbe</u></i></b>
Paparazzi Jewelry
<b><i><u>The Belgian Waffle Truck</u></i></b>
Bee My Honey
<b><i><u>Chill Out Pops</u></i></b>
Lexington Shades of Green
Penny's Quilts and Gifts
<b><i><u>Lane Specialty Gardens</u></i></b>
<b><i><u>Sunny Cedars Farm</u></i></b>
CSD Enterprises
The Veggie Patch
It's My Sister's Fault
<b><i><u>January Remington</u></i></b>

Name
<b><i><u>Southern Sky Yoga</u></i></b>
<b><i><u>Leesville Aquaponics</u></i></b>
<b><i><u>Trail Ridge Farm and Dairy</u></i></b>
Ms. Zessie's Specialties
<b><i><u>Jamerry Nails</u></i></b>
<b><i><u>Palmetto Polar Snow</u></i></b>
<b><i><u>Doswell Farm</u></i></b>
<b><i><u>Chi Design</u></i></b>
<b><i><u>Livingston Farms</u></i></b>
Ashley's
<b><i><u>Old McCaskill's Farm</u></i></b>
The Bird Man
<b><i><u>Nanna's Naturals</u></i></b>
Conyer's Farms of Kingstree
<b><i><u>Company of OHS</u></i></b>
<b><i><u>The Shrimp Guy</u></i></b>
<b><i><u>Boutique Poulet</u></i></b>
Bradham Farms
<b><i><u>Palletdepo</u></i></b>
<b><i><u>The Creative Cat</u></i></b>
Cakes and More by Angela



<b><i><u>Congaree Milling</u></i></b>	<b><i><u>McCurley Farms</u></i></b>
Shortcake, LLC	<b><i><u>Penny's Naturals</u></i></b>

Each week we talk with perspective vendors interested in participating at the Sandhill Farmers Market. If you would like to become a vendor please visit our [market page](#) and view the vendor information along with the vendor application found in the right hand navigation pane.

***"Clemson University is an Affirmative Action/Equal Opportunity employer and does not discriminate against any individual or group of individuals on the basis of age, color, disability, gender, national origin, race, religion, sexual orientation, veteran status or genetic information."***